

(Updated May 2023)

Recommended Ages	Ballet	Tap	Acro <i>(Must also take ballet, jazz or lyrical)</i>	Jazz/ Hip-Hop	Lyrical <i>(Ballet also highly recommended)</i>	Pre-Pointe/ Beg. Pointe <i>(Must also take ballet)</i>
3	Praise 3's	-	-	-	-	-
4	Praise 4's	Praise 4's	-	-	-	-
5-6	Declare	Tehillah	Acro I	-	-	-
7-9	Rejoice	Zamar	Acro I or II**	J/HH I	Lyrical I	-
9-12	Hallelujah	Towdah	Acro I or II**	J/HH II	Lyrical II	Pre-Pointe
12-14	Proclaim	Shebach*	Acro I, (II/III)**	J/HH III*	Lyrical III*	Pre-Pointe
14+	Glorify*	Shebach	Acro I, (II/III)**	J/HH III	Lyrical III	Pre-Pointe***
15+	Exalt*	Raqad*	Acro I, (II/III)**	J/HH IV*	Lyrical IV*	Pre-Pointe***
Adult (18+)	Adult Class	Adult Class		Adult Class		

***Instructor Approval needed before enrolling**

****All new Acro students MUST take Acro I.** Returning students see Ms. Erin or Ms. Emily for placement.

*****Once student has been approved for Pointe by instructor, may enroll in Pointe I. Pre-Pointe is still recommended! Pointe II is by Instructor invitation ONLY!**

NOTE TO PARENTS:

Please note that most levels span at least 2-3 years. This is due to our recommendation that students remain in a given level for a minimum of 2 years before advancing to the next level (regardless of age or birthdate). This progression will enable a student to master that level's skill set safely and sufficiently to succeed in the next level of their training.