

(Updated May 2022)

<b>Recommended Ages</b>	<b>Ballet</b>	<b>Tap</b>	<b>Acro</b> <i>(Must also take ballet, jazz or lyrical)</i>	<b>Jazz/ Hip-Hop</b>	<b>Lyrical</b> <i>(Ballet also highly recommended)</i>	<b>Pre-Pointe/ Beg. Pointe</b> <i>(Must also take ballet)</i>
<b>3</b>	Praise 3's	-	-	-	-	-
<b>4</b>	Praise 4's	Praise 4's	-	-	-	-
<b>5-6</b>	Declare	Tehillah	Acro I	-	-	-
<b>7-9</b>	Rejoice	Zamar	Acro I or II**	J/HH I	Lyrical I	-
<b>9-12</b>	Hallelujah	Towdah	Acro I or II**	J/HH I or II*	Lyrical I or II*	Pre-Pointe
<b>12-14</b>	Proclaim	Shebach	Acro I, (II/III)**	J/HH II	Lyrical II	Pre-Pointe
<b>14+</b>	Glorify	Shebach	Acro I, (II/III)**	J/HH II	Lyrical II or III*	Pre-Pointe***
<b>15+</b>	Exalt*	Raqad*	Acro I, (II/III)**	J/HH III*	Lyrical III*	Pre-Pointe***
<b>Adult (18+)</b>	Adult Class	Adult Class		Adult Class		

**\*Instructor Approval needed before enrolling**

**\*\*All new Acro students MUST take Acro I.** Returning students see Ms. Erin or Ms. Emily for placement.

**\*\*\*Once student has been approved for Pointe by instructor, may enroll in Pointe I. Pre-Pointe is still recommended! Pointe II is by Instructor invitation ONLY!**

**NOTE TO PARENTS:**

Please note that most levels span at least 2-3 years. This is due to our recommendation that students remain in a given level for a minimum of 2 years before advancing to the next level (regardless of age or birthdate). This progression will enable a student to master that level's skill set safely and sufficiently to succeed in the next level of their training.